

# Chukuka S. Enwemeka, PhD, FACSM

## I. PUBLICATIONS

Authored more than 80 peer-reviewed papers, two book chapters, a video and books; *H-Index = 34 (22 since 2012 alone); g-Index = 66; i10-Index = 51; number of citations = 4,939; 133 citations/year for the past 36 years; (see: <http://scholar.google.com/>)*

*The following are Peer-reviewed original publications except as noted.*

1. Aboualizadeh E, Bumah VV, Masson-Meyers DS, Eells JT, Hirschmugl CJ, **Enwemeka CS**: Infrared microspectroscopy study: understanding the antimicrobial activity of selected disinfectants against methicillin-resistant *Staphylococcus aureus* (MRSA): *PLOS One* (In press; Accepted for publication, September, 2017) **Corresponding Senior Author**.
2. Beiner G, Masson-Meyers D, Bumah V, Hussey G, Stoneman M, **Enwemeka CS**, Raicu V: Blue/violet laser inactivates methicillin-resistant *Staphylococcus aureus* by altering its transmembrane potential. *Journal of Photochemistry and Photobiology B* 170:118-124, May, 2017. <http://doi.org/10.1016/j.jphotobiol.2017.04.002>
3. Bumah VV, Aboualizadeh E, Masson-Meyers D, Eells J, **Enwemeka CS**, Hirschmugl C: Resistance of B-DNA to blue light induced damage in methicillin-resistant *Staphylococcus aureus*. *Journal of Photochemistry & Photobiology, B: Biology* 167:150-157, January 2017.
4. Masson-Meyers DS, Bumah VV, **Enwemeka CS**: Blue light does not impair wound healing *in vitro*. *Journal of Photochemistry and Photobiology B: Biology* 160:53-60, 2016 **[Corresponding Senior Author]**.
5. Masson-Meyers DS, Bumah VV, **Enwemeka CS**: A comparison of four methods for determining the viability of human dermal fibroblasts irradiated with blue light. *Journal of Pharmacological and Toxicological Methods* 79:15-22, 2016 **[Corresponding Senior Author]**.
6. Bumah VV, Masson-Meyers DS, **Enwemeka CS**: Blue 470 nm light suppresses the growth of *Salmonella enterica* and Methicillin-resistant *Staphylococcus aureus* (MRSA) *in vitro*. *Lasers in Medicine and Surgery* 47:595-601, 2015 **[Corresponding Senior Author]**.
7. Daum LT, Bumah VV, Masson-Meyers DS, Khubbar M, Rodriguez JD, Fischer GW, **Enwemeka CS**, Gradus S, Bhattacharyya S: Whole-Genome Sequence for Methicillin-Resistant *Staphylococcus aureus* Strain ATCC BAA-1680. *Genome-A* 3:1-2, 2015.
8. Bumah VV, Whelan HT, Masson-Meyers DS, Quirk B, Buchmann E, **Enwemeka CS**: The bactericidal effect of 470 nm light and hyperbaric oxygen on methicillin-resistant *Staphylococcus aureus* (MRSA). *Lasers in Medical Science* 30:1153-1159, 2015 **[Corresponding Senior Author]**.
9. Bumah VV, Masson-Meyers DS, Cashin S, **Enwemeka CS**: Optimization of the antimicrobial effect of blue light on Methicillin resistant *Staphylococcus aureus* (MRSA) *in vitro*. *Lasers in Surgery & Medicine*, published online ahead of print DOI 10.1002/lsm.22327, 2015. **[Corresponding Senior Author]**.
10. Leite SN, Adrade TAM, Masson-Meyers DS, Leite MN, **Enwemeka CS**, Frade MAC: Fototerapia acelera a cicatrização de úlceras cutâneas em ratos desnutridos (Phototherapy promotes healing of cutaneous wounds in undernourished rats). *Anais Brasileiros de Dermatologia*, February, 2014.
11. Masson-Meyers D, **Enwemeka CS**, Bumah V, Andrade T, Frade MA: Topical treatment with *Copaifera langsdorffii* oleoresin improves wound healing in rats.

- International Journal of Phytomedicine* 5: 378-386, 2013. [Corresponding Senior Author].
12. **Enwemeka CS:** Antimicrobial Blue Light: An Emerging Alternative to Antibiotics. *Photomedicine and Laser Surgery* 31(11): 509-511, 2013.
  13. Bumah VV, Masson-Meyers DS, Cashin S, **Enwemeka CS:** Wavelength and bacterial density influence the bactericidal effect of blue light. *Photomedicine and Laser Surgery*; 31(11): 647-553, 2013 (Corresponding Senior Author).
  14. Masson-Meyers DS, **Enwemeka CS**, Bumah VV, Andrade TAM, Cashin S, Frade MAC: Antimicrobial effects of *Copaifera langsdorffii* oleoresin in infected rat wounds. *International Journal of Applied Microbiology* 2(3): 9 – 20, 2013 [Corresponding senior author].
  15. **Enwemeka CS:** The relevance of accurate comprehensive treatment parameters in photobiomodulation. (Editorial) *Photomedicine and Laser Surgery* 29:783-784, 2011.
  16. Fulop AM, Dhimmer S, Deluca JR, Johanson DD, Lenz RV, Patel KB, Douris PC, **Enwemeka CS:** A Meta-analysis of the Efficacy of Laser Phototherapy on Pain Relief. *Clinical Journal of Pain* 26(8):729-736, 2010 [Corresponding senior author].
  17. Caetano KS, Minatel DG, Santana LA, **Enwemeka CS**, Frade MAC: The efficacy of phototherapy associated with sulfadiazine in the treatment of chronic venous ulcers (Eficácia da fototerapia associada à sulfadiazine de prata no tratamento de úlceras venosas crônicas). *Fisiotherapy Brasil* 10: 388-394, 2009.
  18. Fulop AM, Dhimmer S, Deluca JR, Johanson DD, Lenz RV, Patel KB, Douris PC, **Enwemeka CS:** A meta-analysis of the efficacy of phototherapy on tissue repair. *Photomedicine and Laser Surgery*, 27:695-702, 2009. [Corresponding senior author].
  19. **Enwemeka CS:** Intricacies of dose in laser phototherapy for tissue repair and pain relief [Review Paper]. *Photomedicine and Laser Surgery*, 27:387-393, 2009.
  20. Minatel DG, Frade MAC, Franca S, **Enwemeka CS:** Phototherapy Promotes Healing of Chronic Diabetic Leg Ulcers That Failed To Respond To Other Therapies. *Lasers in Surgery and Medicine*, 41(6):433-41, August, 2009. [Corresponding Senior Author].
  21. Minatel DG, **Enwemeka CS**, França SC, Frade MAC. Phototherapy (LEDs 660/890 nm) in the treatment of leg ulcers in diabetic patients: Case study. *Analys Brasileiros de Dermatologia* 84(3):279-283, 2009.
  22. **Enwemeka CS**, Williams D, Enwemeka SK, Hollosi S, Yens D: 470 nm Blue Light Kills Methicillin Resistant Staphylococcus aureus (MRSA) *In Vitro*. *Photomedicine and Laser Surgery*, 27:221-226, April 2009.
  23. Caetano KS, Frade MAC, Minatel DG, Santana LA, **Enwemeka CS:** Phototherapy improves healing of chronic venous ulcers. *Photomedicine and Laser Surgery* 27:111-118, February, 2009. [Corresponding Senior Author].
  24. **Enwemeka CS**, Williams D, Hollosi S, Yens D, Enwemeka SK: Visible 405 nm SLD Photo-destroys Methicillin Resistant Staphylococcus aureus (MRSA) *In Vitro*. *Lasers in Surgery and Medicine* 40:734-737, December 2008.
  25. **Enwemeka CS**, Williams D, Hollosi S, Yens D: Blue Light Photo-destroys Methicillin Resistant Staphylococcus aureus (MRSA) *In Vitro*. In Waynant R, Tata D. (Eds.) *Lecture Notes in Electrical Engineering* 12:33-37, 2008; Springer Publishers, New York
  26. Minatel DG, Frade MAC, Franca SC, Almeida GL, **Enwemeka CS:** Combined 660nm and 880 nm light improves healing of recalcitrant diabetic ulcers. In Waynant R, Tata D. (Eds.) *Lecture Notes in Electrical Engineering* 12:23-32, 2008; Springer Publishers, New York. [Corresponding Senior Author].
  27. **Enwemeka CS:** Standard parameters in laser phototherapy (Editorial): *Photomed and*

- Laser Surgery* 26: 411, 2008.
28. **Enwemeka CS:** Therapeutic blue light: A different ray of light on an age-old problem. (*Editorial*). *Photomedicine and Laser Surgery* 24: 679, 2006.
  29. **Enwemeka CS:** The place of coherence in light induced tissue repair and pain modulation. *Photomedicine and Laser Surgery (Editorial)*. 24: 457, 2006.
  30. **Enwemeka CS:** Low level laser therapy is not low. (*Editorial*). *Photomedicine and Laser Surgery* 23: 529-530, 2005.
  31. **Enwemeka CS:** Evidence-based photomedicine. (*Editorial*) *Photomedicine and Laser Surgery* 23:353, 2005.
  32. **Enwemeka CS:** Light is light. *Photomedicine and Laser Surgery (Editorial)* 23:159-160, 2005.
  33. **Enwemeka CS**, Parker JC, Dowdy DS, Harkness EE, Sanford LE, Woodruff LD: The Effect of Laser Phototherapy on Tissue Repair and Pain Control: A Meta-Analysis of the Literature. *Photomedicine and Laser Surgery* 22: 323-329, 2004.
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  35. Timberlake GT, **Enwemeka CS:** An Inexpensive, Automated Instrument for Laser Irradiation of Cultured Cells. *Photomedicine and Laser Surgery* 22:233-239, 2004
  36. Lanzafame RJ, **Enwemeka CS:** Opportunities and challenges (*Editorial*) *Photomedicine and Laser Surgery* 22:169, 2004
  37. **Enwemeka CS:** Therapeutic Light [Review Paper]. *Rehabilitation Management*, January, 2004.
  38. Demmink JH, Helders PJM, Hobaek H, **Enwemeka CS:** Ultrasound frequency and depth of heating. *Ultrasound in Medicine and Biology* 29:113-118, 2003.
  39. Reddy GK, Stehno-Bittel L, **Enwemeka CS:** Glycation-induced Matrix Stability in the rabbit Achilles tendon. *Archives of Biochemistry & Biophysics* 399:174-180, 2002
  40. **Enwemeka CS**, Allen C, Avila P, Bina J, Konrade J, Munns S: Soft Tissue Thermodynamics Before, During, and After Cold Pack Therapy. *Medicine & Science in Sports and Exercise* 34:45-50, 2002.
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  45. Suzuki S, **Enwemeka CS:** Connective Tissue Plasticity. *Journal of the Japanese Physical Therapy Association* 26:335-336,1999.
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  47. **Enwemeka CS:** Photons, Photochemistry, Photobiology, and Photomedicine. *Laser Therapy* 11 (4) 163-164, 1999.

48. **Enwemeka CS:** Charting the Course of Laser Therapy Amidst Chattering Charlatans. *Laser Therapy* 11 (3) 110-111, 1999 (*Editorial*).
49. **Enwemeka CS:** Quantum Biology of Laser Phtostimulation (*Editorial*). *Laser Therapy*: 11 (2): 52-53, 1999.
50. **Enwemeka CS:** Lighting the Way Into the New Millenium (*Editorial*). *Laser Therapy* 11(1): 5-6, 1999.
51. Reddy GK, Stehno-Bittel L, **Enwemeka CS:** Laser photostimulation of collagen production in healing rabbit Achilles tendons. *Lasers in Surgery & Medicine* 22:281-287, 1998. [Senior Author].
52. Stehno-Bittel L, Reddy GK, Gum S, **Enwemeka CS:** Biochemistry and biomechanics of healing tendon Part I: Effects of rigid plaster casts and functional casts. *Medicne & Science in Sports and Exercise* 30:788-793, 1998. [Corresponding Senior Author].
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55. Reddy K, **Enwemeka CS:** A simplified method for the analysis of hydroxyproline in biological tissues. *Clinical Biochemistry* 29:225-229, 1996. [Corresponding Senior Author].
56. **Enwemeka CS**, Cohen E, Duswalt EP, Weber DM: The Biomechanical effects of Ga-As Laser photostimulation on tendon healing. *Laser Therapy* 6:181-188, 1995.
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59. Maxwell LC, Moody M, **Enwemeka CS:** Muscle atrophy continues during early return to Weight-Bearing after tendon repair. *The Anatomical Record* 233:376-386, 1992.
60. Maxwell LC, **Enwemeka CS:** Immobilization-induced muscle atrophy is not reversed by lengthening the muscle. *The Anatomical Record* 234:55-61, 1992.
61. **Enwemeka CS:** Ultrastructural morphometry of Membrane-bound intracytoplasmic collagen fibrils in tendon fibroblasts exposed to He:Ne laser beam. *Tissue & Cell* 24: 511-523, 1992.
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64. Crane LD, Kroll P, Curtis KA, Lindeblad SK, Davis CM, Rine RM, **Enwemeka CS**, Roach KE, Fiebert IM, Siver CW, et al.: More Support for Student Research (*Letter to the Editor*). *Physical Therapy* 72(8): 608-609, 1992.
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70. **Enwemeka CS:** The effects of Therapeutic Ultrasound on Tendon Healing - A Biomechanical Study. *American Journal of Physical Medicine & Rehabilitation* 68:283-287, 1989.
71. **Enwemeka CS:** Inflammation, Cellularity and Fibrillogenesis in the Regenerating Tendon: Implications for Tendon Rehabilitation. *Physical Therapy* 69:816-825, 1989.
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73. **Enwemeka CS:** Laser Biostimulation of Healing Wounds: Specific Effects and Mechanisms of Action [*Review Paper*]. *Journal of Orthopaedic & Sports Physical Therapy* 9:333-338, 1988.
74. **Enwemeka CS:** Radiographic Verification of Knee Goniometry. *Scandinavian Journal of Rehabilitation Medicine* 18:47-49, 1986.
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77. **Enwemeka CS:** Physical Deformities in Nigerian Schools: The Port Harcourt Cohort Study. *International Journal of Rehabilitation Research* 7:163-172, 1984.
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79. **Enwemeka CS:** Utilization of Physiotherapy Services in Nigeria. *The Journal of Africa Health*; April 1981.
80. **Enwemeka CS**, Obi JO: Management Problems of Children with Cerebral Palsy in Nigeria. *Journal of the Nigerian Society of Physiotherapy* 7:13-16, 1981.

### **Book Chapters**

81. **Enwemeka CS**, Spielholz NI: Modulation of Tendon Growth and Regeneration by Electrical Currents and Fields. (*Book Chapter*) In: Nelson R, Currier DP (Ed.): *Dynamics of Human Biologic Tissues*. F. A. Davis Publishers, 1992, pp 231-254.
82. **Enwemeka CS:** Laser Photostimulation in The United States. (*Book Chapter*) In: Oshiro T, Calderhead RG (Ed.): *Progress in Laser Therapy*. John Wiley & Sons Publishers, London, 1991; pp 102 -111.

### **Books and Video**

83. **Enwemeka CS:** Light Therapy: A Handbook for Practitioners. (*Dynatronics Corporation*; August, 2012).
84. **Enwemeka CS**, Pöntinen PJ: Light Therapy Applications. *Dynatronics Corporation*, 2003.
85. **Enwemeka CS**, Pöntinen PJ: Light Therapy Applications. *Dynatronics Corporation*, 2005 (2<sup>nd</sup> Edition).
86. **Enwemeka CS**, Pöntinen PJ: Light Therapy Applications. *Dynatronics Corporation*, 2007 (3<sup>rd</sup> Edition).
87. **Enwemeka CS:** An Experimental Model of Tendon Rupture, Repair and Evaluation [Video Tape & Script] copyright, 1991.

### **Brief Reports, Peer-reviewed Conference Proceedings and Invited Papers)**

88. Ventkateswaran V, Basham T, **Enwemeka CS:** *In vivo* utilization of the "Z" tendon transducer. Proceedings, 18th Annual Conference of the American Society for Biomechanics, Columbus, OH., 1994.
89. Maywood RM, Hechtman KS, Uribe JW, **Enwemeka CS**, Horwitz D: Ligamentization of patella tendon autografts in humans after anterior cruciate ligament reconstruction: Evaluation by electron microscopy. Transactions of the American Academy of Orthopedic Surgeons, 440, 1993.
90. **Enwemeka CS:** The Effects of Prolonged Cast Immobilization on Tendons. Proceedings, 11th International Congress, World Confederation for Physical Therapy pp. 673-675, 1991
91. **Enwemeka CS:** Laser Photostimulation Modulates Collagen Synthesis in Regenerating Tendons. Proceedings, 11th International Congress, World Confederation for Physical Therapy pp. 812-814, 1991.
92. **Enwemeka CS:** Laser Photostimulation. *Clinical Management in Physical Therapy* 10:24-29, 1990.
93. **Enwemeka CS:** Clinically Significance Research. *Physical Therapy Today* pp 76-80, Fall, 1990
94. **Enwemeka CS:** Tendon fibroblasts exposed to laser beam synthesize membrane-bound intracytoplasmic collagen fibrils. Proceedings of the XIIth International Congress for Electron Microscopy Suppl 1: San Francisco Press, Inc, 1990, pp 19-20
95. **Enwemeka CS:** Biomechanics of Collagen Fibril Populations in Regenerating Tendons. Proceedings American Society for Biomechanics. pp 189-190, 1988.
96. Perry J, **Enwemeka CS**, Gronley JK: The Stability of Surface Markers During Knee Flexion. *Transactions of The Orthopedic Research Society*: 215, 1988.

### **Book In Preparation**

97. **Enwemeka CS:** Clinical Phototherapy: Theory and Practice (Six of eight chapters written).

### **Manuals & Web Publication**

98. **Enwemeka CS:** Aid to Gross Anatomy. University of Texas Health Science Center at San Antonio, 1987; Revised in 1988 and 1989.
99. **Enwemeka CS:** Gross Anatomy Dissection Guide. University of Texas Health Science Center at San Antonio, 1989.
100. **Enwemeka CS:** Research In Physical Therapy [Published on the Web].

